



WHOLE PERSON LEADERSHIP™ FOR WOMEN



brochure



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OUR MISSION

These times call for a more authentic and holistic kind of leadership and new ways to engage employees and teams. Finding more purpose, having the opportunity to share your authentic self and approaching life more holistically (not separating work and home lives) allows women to be happier and more effective in all facets of their lives. We believe that shared purpose and shared vision create strong leadership and more satisfied leaders.

In its fifth successful year, our Whole Person Leadership for Women (WPL4W) program invites women who want to connect more deeply to the power of their purpose and lead more authentically from a whole-person perspective.

WHAT IS WHOLE PERSON LEADERSHIP™ FOR WOMEN?

- Whole Person Leadership is a cutting-edge, emergent field of leadership.
- A **seasoned faculty collaborative** models the exploration of whole person expression.
- Defining one's purpose and values is motivating and helps define direction.
- **Art of Convening, Positive Physiology, and Emotional Intelligence** processes guide people to be authentic and non-judgmental, unleashing fresh energy.
- Sharing one's **Leadership Challenge(s)** within your cohort allows a wide variety of input with fresh perspectives.
- Building trust through employing **Trust Leadership Behaviors** into one's work and personal lives allows for less bureaucracy, more efficiency and alignment.
- Knowing one's **strengths, patterns and growth points** provides context for why things are the way they are, and allows individuals to make good development decisions.
- **Getting Your Life into Balance** is much broader than work/life issues. Looking at all dimensions of human wellness and how one's time and energy are allocated helps people make decisions, based on shades of gray (not black or white) and helps individuals move toward better balance.
- We employ **qualitative research** as a listening and reflection tool to track significant learnings and growth.



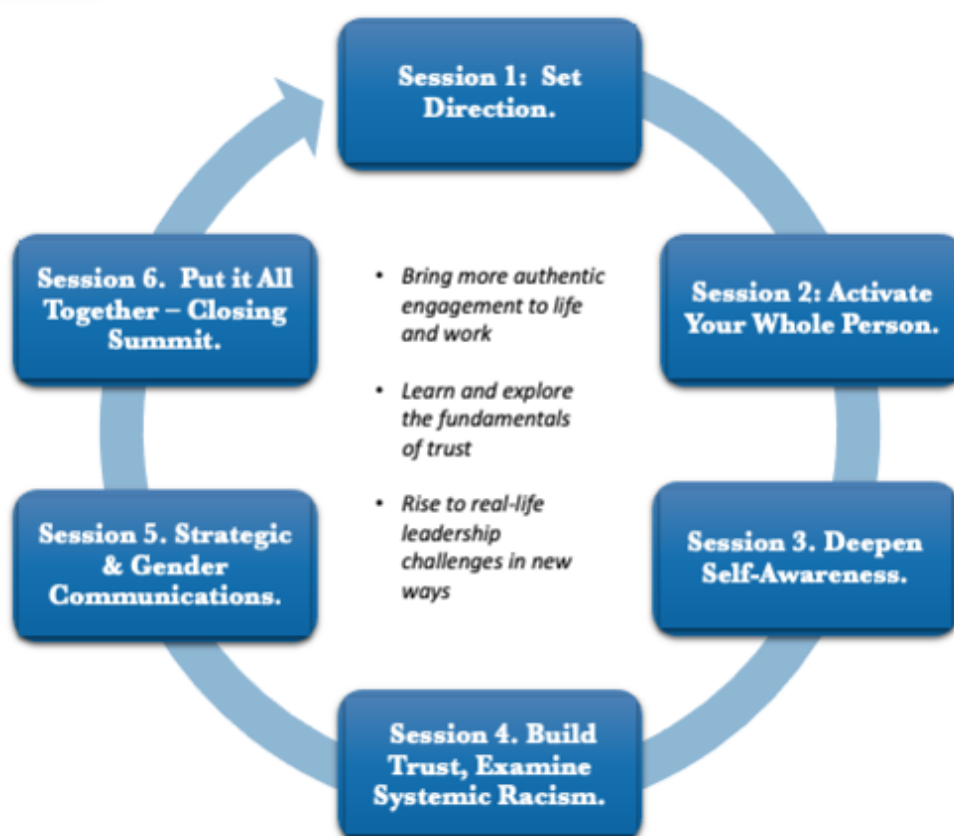


THE STRUCTURE

Our Whole Person Leadership for Women program is a six-month leadership journey where women leaders renew their purpose, define and address an identified leadership challenge from their lives or work, as well as experience the power of working with peers and our program faculty. It includes five virtual sessions via Zoom and a closing summit, as well as qualitative research interviews that track participants' growth and offer collective insights.

How does the program work?

- WPL4W includes a time investment of:
 - five 2.5-hour monthly sessions
 - bi-weekly 1-hour peer coaching sessions
 - between-session partner calls
 - between-session reading/reflection/homework.
- We conclude with a "Summit" experience (in-person or via Zoom), focused on synthesis and completion of program content, goal-setting for the future plus an opportunity to be with your cohort in an engaging, innovative retreat format.





PREVIOUS CLIENTS (partial list)

Askov Finlayson, Aveda Corporation, United Way, BAE Systems, BWBR Architects, Chevron Corporation, Fresh Energy, Metropolitan Council, Minnesota Bank & Trust, North Risk Partners, Sagitec Solutions, St. Catherine University, Target Corporation, University of Minnesota, Vermont Energy Investment Corp, Ramsey County, University of Wisconsin.

TESTIMONIALS

“After 25 years in leadership with my company, I felt my voice was lost and I could not be my authentic self.... I now have a roadmap that allows me to make decisions that align with my life’s purpose.” – Jennifer Stukenberg | BWBR Architects

“I wondered if this would be a good use of my time. I’ve always found my value in accomplishing my “to-do” lists. During WPL, I got more clarity around my values and can examine what behaviors align with those values.” – Kate Burnevik | North Risk Partners

YOUR TEAM



PATRICIA NEAL

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VIVIAN JENSENS NELSEN

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CLAUDIA EISINGER

Fifth Elements Associates; Qualitative Research Specialist and Group Facilitator; Art of Convening© Certified Convening Leader.



LYNN NELSON

LINPR; Public Relations & Media Advisor, author, Getting Your Life into Balance.



GET IN TOUCH WITH US



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